

**WORLD'S BIGGEST OLYMPIADS** 

8 School Level Olympiad Exams



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OVER 27     Years of Trust	■ <b>96,499+</b> School	<b>Q 72</b> Countries	<b>7.2+ CR</b> Assessments	<b>&amp;</b> 8 Olympiad			
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PURSUIT OF EXCELLENCE							



#### Schools Thrive When the Students Thrive!

We are thrilled as we open the gates for this year's SOF Olympiad registrations. Following last year's phenomenal participation from millions of students across 96,499 schools in 72 countries, we are filled with renewed enthusiasm and hope for this year.

If you also wish to showcase your school on an international level and for your students to rise and shine on a wider platform, this is the right time to act!



# SPE FORTNIGHTLY UPDATES

1. SOF registrations have started for the new academic session 2025-26 April onwards. <u>Check Here.</u>

Registrations for All 8 SOF Olympiad exams are open.

International Mathematics Olympiad (IMO)

- International English Olympiad (IEO)
- National Science Olympiad (NSO)
- International Computer Science Olympiad (ICSO)
- International General Knowledge Olympiad (IGKO)
- International Social Studies Olympiad (ISSO)
- International Commerce Olympiad (ICO)
- International Hindi Olympiad (IHO)

Students may contact their school coordinator for details. Teachers & Principals may contact SOF Authorities at +91 9312680855, +91 9312680857, or +91 124-4951200 to get all the details.

SOF welcomes entries from schools, parents, and students for the "Hall of Fame". This
platform showcases the outstanding and well-rounded achievements of students.
Recognitions will be featured on the SOF website, Facebook page, and this newsletter.
Please send us an email with achievements with proof and photos at info@sofworld.org

#### Dreaming of an International Gold Medal in SOF Olympiads?

MTG will make it a Reality! Presenting Workbooks | Prep Guides | Previous Year Papers The Latest & Revised Edition for 2025-26 I GK Q I E Q N S Q I M Q I SS Q I CS Q I C Q I H Q CORDER NOW

## SCIENCE SCOOP – UPDATE YOUR CLASSROOM



#### The Breakthrough Cure to Treat Down Syndrome!

Scientists have corrected the genetic fault that causes Down's syndrome. Researchers shut down the extra chromosome responsible for Down's syndrome.

Click Here



#### FROM EDUCATORS' DESK -TEACHERS' TESTIMONIALS

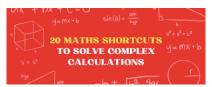


Insights, stories, and successes – straight from your fellow teachers.

STARS OF SOF - STUDENT TESTIMONIALS



From participants to toppers – students share their SOF journey.



20 Mental Math Shortcuts to Solve Complex Calculations in Seconds!

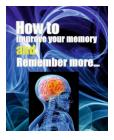
**Read Here** 

## FREEBIE ALERT – FREE EBOOK FOR STUDENTS' LEARNING

## Help your students remember more and forget less!

Unlock powerful techniques to boost your students' memory. Download this free PDF and help their brain retention!

Download Here!



## HISTORY'S GREATEST INNOVATIONS YOUR STUDENTS MUST KNOW



What is the most essential part of our lives that powers your classrooms' smartboards and lights?

It's electricity, but do you know who is the Father of Electricity?

#### Meet: Michael Faraday (1821)

His work laid the groundwork for the practical applications of electricity that we see today. It's through Faraday's genius that we understand phenomena such as electromagnetic induction, diamagnetism, and electrolysis.

The man behind every switch you flip – Your students need to know this!

#### SOF Launches the Exclusive Community of SOF Alumni. YOUR SOF JOURNEY DESERVES TO BE CELEBRATED!

- Connect with other SOF Achievers.
- Share your experience.
- A space for growth & mentorship.
- Get invited to the Annual SOF Award.



(or share this exciting news with someone you know who is an SOF Alumni)



## **STRONG MINDS, STRONG MENTORS - TEACHER WELLNESS TIPS**

#### Give your mind a boost!

Burnout is the most common issue among the current working class, especially teachers. Let's see how you can deal with it.

#### **Recognizing Signs of Burnout**

Burnout leads to exhaustion, reduced accomplishment, and depersonalization.

How Teachers Can Combat Burnout:

- 1. Acknowledge and Assess: Reflect to identify stressors.
- Seek Support: Connect with colleagues and friends.
- Prioritize Self-Care: Make time for exercise and hobbies.
  - 4. **Set Realistic Goals:** Break tasks into manageable steps.
- 5. **Practice Mindfulness:** Use brief mindfulness exercises.

Teachers! Your mental health matters! So, don't forget to take a break here and there.

## **BRAIN TEASERS**

#### SPOT THE DIFFERENCE

SUDOKU								
	3		4	5	6			
4	5			1				
5	6	2	1	3	4			
	4	3	6		5			
3	2		5					
6	1	5	2	4	3			





## TEXTBOOK MEETS REAL WORLD

Teach students real-world application of concepts!

#### How do chemical reactions help in baking a cake?

- When you mix flour, sugar, eggs, and baking powder, you're creating a chemical reaction. Baking powder releases carbon dioxide when heated, causing the cake to rise.
- The Maillard reaction between sugars and proteins gives baked goods their brown colour and flavour.

Understanding these reactions explains why specific ingredients are needed and why baking requires precise measurements.



## **TEACHERS' HELPDESK**

## OLYMPIAD PREPARATION STRATEGIES FOR TEACHERS

#### What does it take for teachers to nurture the right habits for future achievers in the early schooling stage?

- Spark Curiosity Turn Olympiad prep into exciting challenges that boost critical thinking. 1
- 2. Set Bite-Sized Goals - Break topics into manageable sections for steady progress.
- Encourage Teamwork Use group activities to make learning fun and collaborative. 3.
- Make Practice Fun Turn practice tests into playful competitions to ease stress. 4

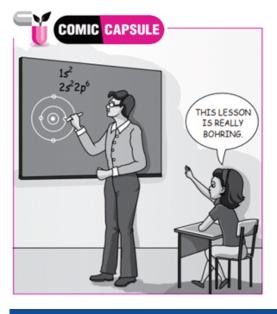


#### ALL YEAR LONG SOF QUIZ BIZ IS TAKING PLACE ON INSTAGRAM!

FOLLOW @sofquizbiz on Instagram and take part in daily quizzes for all subjects and all classes



Encourage your students to participate in these quizzes!



## **MYTH VS FACT**

#### Become the Myth Buster of Your Students!

Have you ever heard that we only use 10% of our brains?

Many people think this is true, but it is far from the truth. Brain imaging studies have shown that we engage almost all parts of our brain, even when we're resting.

How do you think this fact could impact the way we encourage our students to engage in learning?

Over 60% of Students have cracked the Level 2 Exam with

**NLINE CLASSES Become 1 of them!** 

Latest For Session 2025-26

For Classes 2 to 8 EÔ N S C NATIONAL SCIENCE INTERNATIONAL ENGLISH OLYMPIAD LOGICAL ΙMΌ REASONING

NSO | IMO | NCO Olympiad

INTERNATIONAL MATHEMATICS OLYMPIAD



## **TECH FOR TEACHERS**

Teaching is dynamic, but with technology and AI, you can save time and focus on your students and your growth. The platform we are introducing to you will help streamline your prep so you can spend more time upskilling your students!

#### What do you get?

- Lesson planning & prepping
- Real-world context connector
- Questions generator
- Multiple-choice assessment
- Simplifying complex concepts

Make Your Lessons 10X Efficient!

Click Here!

## WHAT WOULD HAPPEN IF



You didn't sleep last night?

Explore the reason that might make you rethink your sleeping habits.

Click Here!



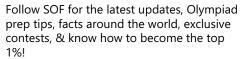
## DO YOU KNOW

Ketchup was once sold as medicine:

In the **1830s**, some doctors even promoted tomato ketchup as a cure for various ailments, including diarrhoea and indigestion.



## FOLLOWING THE SOF'S INSTAGRAM YET?



Click Here!

# A.

## ASTRONOMY FACT

Fearless Winds of Planet Neptune:

The winds on Neptune are the fastest in the solar system, reaching speeds of up to **1,500 mph**.

#### Let's get started!

- **Step 1:** Take a small square piece of paper and fold it in half from corner to corner. Now, you have two triangles!
- **Step 2:** Take the top triangle and fold it in half again. Then, fold the top corner down toward the bottom edge to make a little pocket.
- **Step 3:** Fold the left corner of your triangle toward the top corner.
- Step 4: Now, do the same with the right corner. You're almost there!
- **Step 5:** Next, fold your whole paper in half and tuck it into the little pocket you made in Step 2. This makes your origami corner bookmark!
- **Step 6:** You're going to add the fun part now—fruit! Print out your fruit slice template and trace the shapes onto your colourful paper.
- **Step 7:** Cut out the fruit pieces. For example, for a watermelon slice, you'll need green for the outside, pink for the inside, and black for the seeds. Stick all the pieces on your bookmark to make it look like a yummy fruit slice!

Now, your fruit slice bookmarks are ready to help keep your books neat and remind you of summer!



Watch Here!

## **DIY DIARIES: TURN CREATIVITY INTO CREATIVE LEARNINGS**

#### GET THE TASTE OF THE BUNGY FRUIT SLICE BOOKMARKS

Here's a fun way to make your very own fruit slice bookmarks and keep your favourite books safe! These bookmarks are not only cute, but they're also a great way to practice your creativity! All you need are a few simple things:

#### **Requirement Material:**

Craft Glue • A Pencil • Scissors • Craft Paper

## WORD QUEST

Challenge your brain and uncover hidden words in our exciting word search game! Can you find them all? Let's play and learn together!

#### Solve the following questions & fill in the puzzle.

#### Across:

- 3. Grammatical term for a sentence that asks questions.
- 5. Provide a synonym for the word "happy."
- 6. You \_\_\_\_\_ finish your work before you go.
- 7. Term for a polygon with six sides.

#### Down:

- 1. A sentence that makes a statement.
- 2. "Practice makes perfect" is an example of\_
- 4. What is the only even prime number?
- 8. What is the value of  $\sin (90^\circ)$ ?

The Answer to this word quest will be provided in the next SOF newsletter i.e. 30th April



Have doubts & queries about the SOF Olympiads? Ask now! Submit your questions and get them answered by experts. Don't miss out, stay informed, and excel in the SOF Olympiad. Message us on the SOF Official Instagram Page.

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Visit SOF Official Website: <u>www.sofworld.org</u>



MIND MAZE A tree doubled in height each year until it reached its maximum height over the course of ten years. How many years

did it take for the tree to reach half its maximum height?

Answer 9 Years

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